



Welcome to Longstone Lodge Apartments, we trust you find this information useful. If you have any questions we will look forward to assisting you further, just see us at reception. We hope you enjoy your stay..

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## Quick Reference

Wifi Password:     **Longstone17**

Out of hours emergency hostel contact number: **07818441993**

## 1. Reception Hours & Emergency Contact

### Reception

Longstone Lodge reception is open everyday at the following times:

- 8.30am to 10am
- 12.30pm to 2pm, staffed from the Café
- 5pm to 6.30pm, except Sundays

Should you need assistance outside of these hours, general enquiries can be made in the Café, however please be aware that lunchtimes particularly can get quite busy.

### Emergency Contact

Should you need to contact the manager in an emergency, outside of reception or café hours, you can call: **07818441993** or **07469 779521**

## 2. Departures & Return Travel

On departure, please remember to vacate the property by 10.00am and to leave the room as you found it. Should you be departing the islands sooner and wish to leave your luggage at reception we offer complimentary left luggage storage.

**Luggage:** Luggage may be left in reception. Richard Hand Haulage will transport luggage to the Scillonian. Please call 01720 423007 to book or for further information.

**Penzance Helicopters:** The helicopter shuttle bus will collect you on your day of departure. Please follow the arrangements you have made on arrival or call the bus service on 01720 422126 or 07789296218. Alternatively you can email [heliportshuttle@outlook.com](mailto:heliportshuttle@outlook.com)

**Skybus:** The minibus will collect you on your day of departure. Please follow the arrangements you have made on arrival or call the bus service on 01720 423701. The Skybus Office is in Hugh Street, in the Steamship Company Building, telephone 01736 334220. Please contact them with any queries or for daily travel information.

**Scillonian III:** Passengers should be on the quayside at least one hour before sailing time. The Steamship Company office is in Hugh Street or call 01736 334220. Taxi transfers will need to be pre-arranged if required.

## 3. Cleaning & Changeovers

The Lodge and Apartments due for changeover, are closed for cleaning between **10am and 12.30pm**, although on your day of departure we will

endeavour to be as flexible as possible.

## 4. Onsite facilities

### 4a. Kitchen

In your apartment you will find a fully equipped kitchenette. There are all the usual kitchen appliances as well as a fridge with small freezer space. Please make every effort to recycle and utilise the correct bins for your waste. If you have any food items left over from your stay, we ask you to please leave these in your apartment, where we will endeavour to offer unused supplies to new guests, recycle, and/or keep the chickens happy! Basic provisions and frozen meal options can be purchased in reception.

### 4b. Hot Water & Heating

Hot water is centrally controlled and should be available at all times. This is provided via thermal solar panels and immersion heater where necessary. Electric room heating is provided during the cooler months, this is also centrally controlled. Please report any issues or heating requirements to reception.

### 4c. Drinking Water

Water on Scilly is provided by wells and a desalination plant and is **safe to drink**. Water is precious and we would ask that our guests remember this and use it sensibly.

### 4d. Laundry & Drying Room

Our washing machine and tumble dryer are available for use with tokens that can be purchased from Reception. These machines are located in the Laundry & Drying Room, accessed from the external kitchen door (and turn right). These are shared with all the guests at the hostel so please check that it is convenient to use them. Alternatively a Laundrette can be found on Porthcressa Beach in Hugh Town. A drying line can also be found in the rear garden area.

### 4e. TV, Telephone/Mobiles & WiFi

**TV:** There is a television your apartment lounge area.

**Telephone/Mobile:** The mobile phone reception and mobile data is not particularly good in all spaces but is fine in the garden adjacent to the Cafe.

**WiFi** is free and available throughout the property.  
Password: **Longstone17**

### 4f. Linen & Towels

**Linen:** Clean sheets, bathroom towels and tea towels are available once a week. Every 7 days please leave your bedding and towels in the hallway ready for collection, and the housekeepers will provide fresh linen for you.

**Towels:** Bathroom towels are provided. Beach towels are available to hire for the duration of your stay from reception for a small charge.

#### 4g. Children's Equipment

At Longstone Lodge we make every effort to provide a useful range of equipment for you to use to help make your stay as enjoyable as possible (without you having to bring the whole of the nursery in your suitcase!)

The following items can be borrowed from us free of charge during your stay, just ask at reception:

- Boxes of toys (broadly age related)
- Bed guard
- Infant cot/sleeping bags
- Baby bath

Please note that there is also a **bath for children** situated in the shared accessible bathroom at the end of the corridor.

- Children's outdoor play area is available to guests at anytime between 8am and 9pm. Children must be supervised when using the play equipment.

#### 4h. Hire Options & Charges

Beach Towels                      £2 per towel, +£1 for subsequent changes

Washing Machine                £3 per single wash cycle (90 minute tokens)

Tumble Dryer                     £3 per drying cycle (90 minute tokens)

Bikes                                Available via St. Mary's Bike Hire, from £12.50 per day delivered to Longstone Lodge free of charge. Bookable via reception or by telephone on: 07552 994709

### 5. Provisions & Food Suppliers

#### Reception

In reception you will find a range of basic foodstuffs. Here you can buy dairy produce such as milk, butter and eggs, chilled foods and drink and frozen bread and pizza. We also stock a range of frozen homemade meals that have been made here at Longstone – just pop them in the oven for fuss free food! See the back of this information for a list of some of the items you can purchase at reception,

#### Co-op

The Co-op in the main street, Hugh Street, is open from 8am until 10pm each weekday and between 10am until 4pm on a Sunday.

#### Butchers

Situated just past Seasalt clothing store, the butchers offer a good selection of meat along with freshly baked bread and a range of other fresh vegetables, dairy produce and food supplies.

### **Parting Carn Farm Shop**

Open 24 hours with honesty box, just 5-10 minutes walk. Sell their own free range chicken eggs.

### **Salakee Farm Shop**

Open 24 hours with honesty box, just 5-10 minutes walk. Sell their own home grown organic salad vegetable and free range duck eggs.

### **Fresh Crab and Lobster**

For fresh shellfish contact Ralph & Sarah Handy on: 01720 423352

Or enquire in Reception or the Café as Colin maybe able to help! Alternatively why not book to join one of our special Lobster Nights? (see below for details)

## **6. Café**

Longstone Café adjoins the Lodge via reception. The Café is open daily from Easter to the end of October from 10 to 4.30pm. During the cooler months the café opens on most Sundays.

The Café is licensed and serves fresh coffee, homemade cakes, snacks and lunches. We can also be available for special events in the evening with prior notice and reasonable numbers of guests. Please ask at reception or in the café itself for further details.

**Lobster Nights:** Longstone Café offers 'Lobster Nights' on a regular basis on Friday evenings from May to October. Here you can sample fresh local lobster and listen to a talk about shell fishing and stock preservation by local fisherman and Longstone owner Colin Jenkins.

Please ask at reception for further details and to book.

## **7. Outdoors at Longstone**

There is a large area of garden and landscaped grounds for you to enjoy whilst staying with us.

You are welcome to use all of the communal areas to relax and eat, as well as the café patio out of opening hours. We just ask that you leave these areas tidy once you have finished.

For children there is a purpose built play area, a football goal and large areas of grass to just run around.

When using the outside areas please be aware that as these are quiet islands we would respectfully ask our guests to remember the comfort of others and keep noise to a minimum.

## **8. Recycling and Green practise**

We make every effort here at Longstone to recycle as much as possible, as well as employing rainwater harvesting and composting. We therefore ask for your help to assist in these practises.

Please use the labelled bins provided in your kitchen area to clean and split your waste (I am sure you are used to doing this at home!). We also ask you to put any food waste in the separate labelled bin which is then recycled in our purpose built composter in the vegetable garden onsite.

## 9. Fire Safety

Notices regarding procedure in the event of a fire can be found just inside the apartment front door.

A Fire blanket can be found on the wall of the kitchen

Fire Extinguishers can be found in the kitchen and hallway,

Detectors are installed throughout the building. Fire alarms will be tested at regular intervals.

Please ensure that the torch in the apartment entrance hallway is left on charge in case of fire at night.

The Fire Brigade can be telephoned on 999.

In the unlikely event of contacting the fire service our full address is:

Longstone Lodge and Café, Longstone, St. Mary's, Isles of Scilly TR21 ONW

We would be grateful if you would minimise risk of fire by not using candles, observing no no-smoking policy (including vaping), and keeping doors closed.

## 10. Advice for your stay

### Tourist Information

In our reception area will find many leaflets concerning places to visit and things to do on the islands and if you have any questions please do ask our friendly receptionist who will do their best to help.

The Tourist Information Centre can be found on Porthcressa Bank, near the back of the Town Hall, for further information.

### Boating

Pleasure launches leave the Quay for the off-islands at 10.15am and 2pm and return lunchtime or at approx. 4.45 & 5.45pm. Many different trips are available; tickets and information are available on the quay or at the Tourist Information Centre.

### Transport Hire

Taxis:	Toots Taxi	07570 624669
	DJ Cabs	07717 121101
	105 Cabs	07856 475860

**Scilly Carts:** Hires electric 'golf buggy' style carts from their base at Porthmellon Industrial Estate on St. Mary's. Options for daily, 3 days and weekly hire available. Contact phone number: 01720 422121

**Bikes:** St. Mary's bike hire offer a range of bikes, children's trailers and electric bikes, which can either be delivered to Longstone for you or you can visit the shop on the Strand in town. To book see reception or call direct on: 07552 994709

### **Sunburn**

We do hope that the weather is good for your holiday – if so, do protect yourself with a high factor sun cream, the air is very clear and consequently the ultra-violet rays are very strong.

### **Newspapers**

Newspapers are available from Mumfords, the Paper Shop in the 'High Street'. As these are flown in they are subject to delay in adverse weather conditions, and, unless there is a Sunday sailing of the Scillonian, the Sunday papers do not come until Monday.

### **Banks**

Lloyds Bank can be found in Hugh Street and can handle transactions for other banks as does the Post Office. The Co-op offers a 'cash back' opportunity and a cashpoint/ATM can be found outside Lloyds. Please be aware that not all restaurants and shops accept credit or debit cards.

### **Shopping**

Basic food shops can be found in town. Prices might be slightly higher than the mainland to cover freight. The chemist 'Douglas' can be found at the end of town near the quay, the Pharmacist is at the Health Centre where you may wish to purchase travel calming tablets for the Scillonian.. There are two Hairdressers; 'Blonde', opposite the Museum, and 'Cut Loose' at Unit 2, situated opposite the Public Library at Porthcressa. Gift Shops and Galleries abound on St. Mary's and the off-islands.

### **Doctor**

The Health Centre and Hospital are situated between Hugh Town and Old Town on St. Mary's.

### **Telephone:**

Doctor	01720	422628
Hospital	01720	422392
Dentist	01720	624001
Pharmacy	01720	422021

### **Smoking**

We are a smoke-free establishment, and would ask that should you smoke, that to protect our property, you do this in the garden areas.

### **Re-Booking at Longstone Lodge**

If you would like to re-book for next year, please let us know – you will of course be most welcome! If you have booked with an agent, you may like to book with us directly next year, or you can book online at any time through our website: [www.longstonelodge.co.uk](http://www.longstonelodge.co.uk)



We try very hard to make sure you enjoy your holiday on the Isles of Scilly. We aim to maintain a standard and keep our tariff to an acceptable level. Please let us know if there is any way that we can make your stay more comfortable.

We would appreciate your feedback through social media if you have a moment. You can find us on TripAdvisor, Facebook, Twitter and Instagram.



## 11. Eating Out (St. Mary's)

There are several restaurants and cafes on St. Mary's, the public houses and Hotels also provide meals. It is advisable to book for evening meals; last orders are often at 9pm. Please check beforehand if you wish to use a credit card, as these are not always accepted.

### Restaurants:

- Dibble & Grub 01720 423719
- Juliet's Garden 01720 422228
- On the Quay 01720 423525
- The Beach 01720 422521
- The Canteen 01720 TBC
- Tanglewood Kitchen 01720 422454
- Golf Clubhouse Bistro 01720 422692
- Longstone Café Lobster Nights (ask at reception)

### Pubs:

- Atlantic 01720 422417
- Bishop & Wolf 01720 422771
- Mermaid 01720 422701
- Scillonian Club 01720 422720
- Old Town Inn 01720 422301

### Evening Take Away:

- Pom's Thai Porthcressa bank
- Scilly Fish Porthcressa bank
- The Galley Fish & Chips The Galley Restaurant

### Hotels

- Tregarthens 01720 422540
- Star Castle 01720 422317
- St Mary's Hall 01720 422316
- Bell Rock 01720 422575
- Atlantic 01720 422417

### Cafes

- Carn Vean Pelistry
- Dibble & Grub Porthcressa Beach
- Juliet's Garden Porthloo/Seaways
- Kaffehaus High Lanes
- Kavorna Hugh Town
- Longstone Café Here!
- Old Town Café Old Town
- Strudel in Town Hugh Town
- Hugh Street Cafe Hugh Town
- Bondie's Café Old Town (formerly Tolman/Coastal View Kitchen)

### Eating Out (Off Islands)

In the evening it is well worth a trip 'abroad' for food as half the fun is getting there! It is advisable to have an evening return boat booked in advance.

- Adam's Fish & Chips St Martins
- High Tide St Agnes
- The Crab Shack Bryher
- The Ruin Tresco
- Turks Head St Agnes

## 12. Useful and Emergency Contact Numbers

Longstone Lodge & Café	01720 422410 /emergency out of hours: 07818441993
Police Station	01720 422444
Doctor	01720 422628
Hospital	01720 422392
Dentist	01720 624001
Pharmacy	01720 422021
Isles of Scilly Travel	01736 334220
Tourist Information Centre	01720 620600
Richard Hand Haulage (luggage transport)	01720 423007

## 13. Access Statement

### Introduction

Longstone Lodge is situated 400m from the main circular road of St. Mary's, almost central to the island, between Parting Carn and Sunnyside, 300m from Carreg Dhu Gardens and from the opposite direction Holy Vale. To access the property there is 200m of unmade road (ram) with sloping access to the car park and main entrance to both the Lodge and Café.

Letting rooms are all situated on the ground floor. Apartments are on the first floor via external metal stairs, there is also an additional external access pathway. Direct access to the hostel is via sloped access (1:10) from the car park in front of the café building.

Longstone Lodge (hostel) includes an accessible shower room/WC and accessible letting room.

### Pre-Arrival

- If arriving at St Mary's airport by Skybus or Helicopter, you will be met by a Minibus taxi and brought to the door, with your luggage; your return pick-up time will also be confirmed with them. There is a small charge.
- If arriving by The Scillonian III, the hostel is approximately 20-25 minutes walk from the quay - luggage labelled is delivered separately by Richard Hand Haulage shortly after arrival - the cost is approximately €1.50 per case which should be settled directly with the provider. A taxi can be booked to meet the Scillonian if required, and the same operates in reverse on leaving.
- We do not accommodate pets in the hostel, One apartment allows dogs.
- The Lodge is non-smoking in all rooms and public areas.
- Our website [www.longstonelodge.co.uk](http://www.longstonelodge.co.uk) provides pictures of our reception, kitchen, adjoining lounge/dining room, bedrooms, outside area and café. Also further information about services we provide.
- Brochures and Menus can be provided in large print if needed. We regret we do not have facilities to prepare documents in Braille.
- You can contact us by telephone and email. Please see "Contact Information" on our website for full details.
- The 3 company owners and 6 staff intend to make your stay with us restful, relaxing and enjoyable.

### Arrival & Car Parking Facilities

- Access to your room or apartment is usually from 12.30pm.
- Sometimes rooms or apartments are available earlier by arrangement.
- Luggage can be left and the hostel facilities used at any time.
- We offer assistance with luggage.
- It is highly unlikely that you will be bringing a car to the islands, however should you choose to hire a golf buggy there is plenty of car parking space available as well as 2x electric charging sockets.

### Main Entrance & Reception

- From the car park and road there is sloped access with steps or level access across the cafe terrace and a small step through the front door.

- The front door is open from 8:30am and locked at 6:30pm. All guests are provided with a front door key.

### **Hostel Public Areas - General (Internal)**

- The Reception office is normally manned from 8:30am-10.30am, 12.30-2pm and 5.00pm - 6:30pm.
- Out of reception hours the manager can be contacted in emergencies via telephone on: 07818441993
- Following the corridor straight ahead, up a slope (1:10) you will find the kitchen/lounge/diner.
- The kitchen is for guest use and includes an electric range cooker with 5 ring hob, a further 4 ring hob, double commercial sized sink, upright freestanding fried and fried/freezer, microwave, 2 kettles and 2 toasters. The kitchen also contains a wide range of common utensils and crockery. Storage crates are available for use to store personal food. Bins are provided for recycling and waste. The centre of the room hosts a large dining table for food preparation and eating which can seat 6-8 persons.
- The lounge/dining area can seat approximately 25 people. This area contains built in seating, large tables, shelving for entertainment equipment and a television with Freeview.
- The hostel has a full licence - guests can purchase drinks anytime the café or reception is open, alcoholic and non-alcoholic.
- Books are available for guests' enjoyment and a small selection of board games, playing cards and magazines are also available in the dining area.
- Turning right up a slope before the kitchen door you will find the corridor from which all the bedrooms and accessible Shower/WC can be accessed.

### **Public Areas - WC**

- An accessible gender neutral WC can be found at the end of the communal corridor passed the letting rooms. This WC also includes a shower with seat, baby change and children's bath.

### **Cafe**

- From the reception there is a left hand door to access the Café (open 10.30am-4.30pm).
- The Café seats approximately 30 people. The internal café space is approx 23 feet x 38 feet, with laminate floor, various paintings and wall lights and windows that look out to Porth Hellick.
- Dietary requests - Please talk to the café staff regarding your needs and we will endeavour to accommodate you.

### **Laundry**

- Turing right out of the external kitchen door is our laundry and drying room.
- This room contains a washing machine and tumble dryer (tokens are required to be purchased from reception), and a sink. It also has a shoe and drying rack.

### **Shop**

- The nearest shops are in Hugh Town, approximately 2km. However basic provisions can be purchased from reception.

## Leisure/Outdoor Facilities

- Children's Play Area: Access is available from 8am to 9pm via the garden in front of the café, through a wooden gate. The rules of this area are posted next to the gate. Guests use this area at their own risk. Children under 12 should not be left unattended.
- Garden areas can be used by guests as well as the café patio area. All areas must be left as found.

## Conference & Meeting Rooms, Banqueting, Clubs, Entertainment

- Not Available

## Bedrooms

- The hostel has 9 bedrooms.
- 8 rooms have shower rooms/WC/washbasin.
- One bedroom (family 5) uses the accessible shower/WC as a shared facility.
- Room 1, Twin beds, 3.6mx5.1m (including ensuite shower/WC), private decking a picnic table through patio doors, some views over Porth Hellick
- Room 2, 4 person room, 3.9mx5.4m (including ensuite shower/WC), with built in bunk beds and twin beds. rear garden view through windows.
- Room 3, Twin beds, 3.6mx5.1m (including ensuite shower/WC), private decking an picnic table through patio doors, some views over Porth Hellick
- Room 4, Single bed, 2.4mx5.4m (including ensuite shower/WC), rear garden view through windows.
- Room 5, Twin beds, 3.6mx5.1m (including ensuite shower/WC), private decking an picnic table through patio doors, some views over Porth Hellick
- Room 6, Dormitory room, 4.5mx5.4m (including shared ensuite shower/WC),, 3x sets of built in 3ft bunk beds with privacy curtains, rear garden view through windows.
- Room 7, Twin beds, 3.6mx5.1m (including ensuite shower/WC), private decking an picnic table through patio doors, some views over Porth Hellick
- Room 8, Single bed, 2mx5.4m (including ensuite shower/WC), rear garden view through windows.
- Room 9, Double bed with built in 3ft over bunk, set of built in 3ft bunk beds, 4.5mx4.5m, private decking, a picnic table through patio doors, some views over Porth Hellick. Accessible bathroom is adjacent to this room and shared with other residents who may require these facilities.
- All bedrooms have electric wall heaters with thermostats which are centrally controlled.
- Each bathroom has hand soap and toilet roll. Towels are available to hire from reception.
- \* Each bedroom includes a spare blanket per person, one hairdryer and a non-slip shower mat.
- Pillows are synthetic. Our beds are made with duvets.
- There is a hanging rack, bedside tables with lamp and a table with additional seating.
- A television point is in each room.
- A folder in each bedroom contains information about the hostel, details of emergency contacts, including doctors and hospitals. Also the facilities available on the islands: shops, restaurants, boating, tours, entertainments etc.

## Apartments

- All bedrooms and lounge areas have electric wall heaters with thermostats which are centrally controlled.
- Each bathroom has towels, hand soap and toilet roll. Beach towels are available to hire from reception.
- \* Each bedroom includes a spare blanket per person, one hairdryer and a non-slip shower mat.
- Pillows are synthetic. Our beds are made with duvets.
- There is a wardrobe and bedside tables with lamp.
- A television is located in the lounge area along with seating for all guests.
- There is a fully equipped kitchenette and dining table for all guests.
- A folder in each apartment lounge area contains information about the hostel, details of emergency contacts, including doctors and hospitals. Also the facilities available on the islands: shops, restaurants, boating, tours, entertainments etc.

## Additional Information

- Fire extinguishers are in obvious places around the hostel and apartments. A full fire detection (smoke) system is fitted in each room and apartment. In the event of a fire, alarm bells will ring continuously - please follow the exit signs to evacuate the property. The alarm bell system is tested weekly
- The system was newly installed in 2018 and is to the latest specification.
- All fire escape routes are clearly marked and lit.
- The tap water is of perfect quality to drink.
- Mobile Phones - reception varies on the island. Vodafone is good almost everywhere and EE are the next best. The others vary and some will work in some places and not others so please check with your provider.
- WiFi – Internet access is free throughout the hostel and can be accessed using password: Longstone17

## Contact Information

- Address: Longstone Lodge & Café, St. Mary's, Isles of Scilly TR21 ONW
- Telephone: 01720 422410
- Email: longstonelodge@yahoo.com
- Website: [www.longstonelodge.co.uk](http://www.longstonelodge.co.uk)
- Hours of operation for enquiries: 8.30am to 6.30pm
- Emergency number: There is an emergency only night number on reception and in all bedrooms for contacting a member of staff.

## Future Plans

- We have a constant rolling program of upgrading the garden areas and maintaining the bedrooms, with updates if required

If you require further details or have any comments about the services we provide do not hesitate to contact us.

# LONGSTONE

## Lodge

### RECEPTION PROVISIONS MENU

*Please note this is our usual menu, however this may change seasonally or dependant on availability*

#### **DRY GOODS**

Baked Beans  
Basmati Rice  
Cereal Portion-Paks  
Dairy Milk Freddo  
Digestive Biscuits  
Eggs  
Fruit Pastilles  
Instant Coffee  
Marmalade  
Mayonnaise  
Olive Oil  
Strawberry Jam  
Pasta  
Peeled Plum Tomatoes  
Crisps  
Squash  
Tea Bags  
Tomato Ketchup

#### **FREEZER GOODS**

Frozen Homecooked Meals - See  
Freezer for choice and prices

Pizzas  
Pork Sausages  
Unsmoked Back Bacon  
White/Wholegrain Loaf  
Gluten Free Bread

#### **TOILETRIES & WASHING**

Fairy Non Bio Washing Capsules  
Pocket Tissues  
Earplugs  
Shower Gel  
Toothbrushes  
Toothpaste

#### **FRIDGE GOODS**

Coke/Diet Coke/Fanta/7up Can  
Soft drink bottles  
Margarine  
Butter  
Cheddar Cheese  
Milk  
Soya Milk  
Orange Juice  
Still Spring Water  
Ales of Scilly  
Bottled Cider  
Bottled/Cans Lager

#### **WINE**

Chenin Blanc  
Pinot Grigio  
Merlot  
Tempranillo

# LONGSTONE

## Lodge & Cafe

### Nibbles

Ciabatta with balsamic glaze & olive oil £3.80  
Burts crisps (various flavours) £1.60

### Dipping Pots

Pot of homemade crab pâté or hummus with freshly cut vegetable sticks, ciabatta roll & butter £8.50

### Today's Homemade Soup (see specials board)

Served with a ciabatta roll & butter £6.50

### Brunch (served until 12 noon)

Baked beans & poached eggs on toast(2 slices) £6.00

### Sandwiches

*Malted brown or white bloomer, served with salad garnish & tortilla chips. GF/Vegan options available:*

Scillonian crab with a cracked black pepper & lemon mayonnaise £10.50  
Parting Carn egg mayonnaise £5.50  
Homemade hummus, lettuce & tomatoes £6.00  
Cheddar & homemade onion chutney £5.80  
Warm onion bhaji, mango chutney & spinach £6.20  
Ham, salad & honey mustard mayonnaise £6.60

### Toasties

*On malted brown or white bloomer or seeded panini (+50p), served with salad garnish & tortilla chips. GF/Vegan options available:*

Goats cheese, spinach & red onion chutney £7.60  
Cheddar cheese, chorizo, mayo & oregano £7.00  
Ham, cheese & homemade pepper chutney £7.50  
Tuna mayonnaise, red onion & cheese £7.20  
Cheddar cheese, basil pesto & tomatoes £7.00  
Brie, cranberry & spinach £6.90

### Little Ones/Junior\* Lunch

Baked beans on one slice of toast or half size ham, cheese, egg, tuna mayo or strawberry jam sandwich with a drink of squash and ice lolly £5.50

\*Junior: Whole sandwich or 2x toast £7.00

### Milkshakes, Ice Cream & Ice Lollies

Milkshakes made with vanilla ice cream & topped with whipped cream: Chocolate, Strawberry, Raspberry or Butterscotch £4.50  
Troytown Farm (St. Agnes) Ice Cream Pots £3.20  
Selection of lollies (please ask for choice) £1.20

### Cakes

Selection of homemade cakes, served by the slice (GF, DF & Vegan usually available) £3.20  
Add clotted cream or vanilla ice cream £1.00

### Freshly Baked Scones

Cheese Scone & Butter £2.50 each  
Sweet/Plain Scone & Butter £2.00 each  
Cornish Clotted Cream £1.00  
EXTRAS: Butter, Strawberry Jam, Onion Chutney: 50p  
**Cream Tea** (scone, jam & cream, tea for 1) £5.00

**Tea:** Traditional, Earl Grey, various fruit or herbal  
Pot for 1 £2.00 Pot for 2 £3.50

### Coffee:

Espresso £2.10 Double Espresso £2.80  
Americano £2.80 Flat White £3.00  
Cappuccino £3.20 Latte £3.20  
Mocha £3.90 Iced Coffee £3.50  
Hot Chocolate £3.50 Irish Cream Hot Choc £5.00  
Babycino (hot milk) £2 Child's Hot Chocolate £2.20  
Add cream & marshmallows or syrup flavour: 50p  
Dairy Free Milk (Soya, Oat, Almond, Coconut): +30p

### Soft Drinks:

Coca Cola/Diet Coke/Fanta Can 300ml £1.80  
Bottle Green sparkling Elderflower, Ginger Beer, Apple, Raspberry Lemonade £2.90  
Water: Large bottled Sparkling or Still 750ml £3.00  
Small Still or sparkling water 500ml/350ml £1.60  
Orange or Apple juice cartons £1.00  
Squash: orange or blackcurrant & apple 50p

### Bottled Beer & Cider:

Challenger Bitter (Ales of Scilly) 500ml £5.30  
Association IPA/Schiller (Ales of Scilly) 500ml £5.30  
St Ives Cornish Lager 330ml £3.80  
Peroni Gluten Free Lager 330ml £3.80  
Cornish Orchards Blush or Gold cider 500ml £5.00  
Westward Farm Cider, St. Agnes 500ml £5.30

### Wine:

	Bottle(75cl)
Molino del Sol Tempranillo (Spain)	£16.50
Inkosi Shiraz (South Africa)	£17.50
Central Monte Merlot (Chile)	£18.00
Primisoli Pinot Grigio Blush (Italy)	£18.50
Inkosi Chenin Blanc (South Africa)	£17.50
Turtle Bay Sauvignon Blanc (NZ)	£21.00
Prosecco Serenello (Italy)	£22.50
Prosecco Zonin (Italy) 20cl bottle	£7.50

**BY THE GLASS** 125ml £4.50 175ml £5.50 250ml £6.50

St Agnes Gin & tonic/St Martin's Rum & coke **£6.00**



# LONGSTONE

Cafe



# Lobster Night

Learn from owner & local fisherman Colin Jenkins about Scillonian shell fishing and lobster stock preservation before enjoying a lobster buffet dinner.

FRIDAYS @ 7.30pm  
£38 per person

Price includes: Welcome drink, homemade crab pate,  
1/2 lobster, salad buffet & choice of dessert

BOOK NOW 01720 422410  
or email [longstonelodge@yahoo.com](mailto:longstonelodge@yahoo.com)